

SINCE 1958

# SUBURBAN TRENDS



AT THE CENTER OF YOUR COMMUNITY ♦ SUNDAY, AUGUST 14, 2005 ♦ 50 CENTS NEWSSTAND

## BUSINESS

A10 Suburban Trends - Sunday, August 14, 2005

### POMPTON LAKES

#### de Nesnera named

Liz de Nesnera of Pompton Lakes was named Northern New Jersey State Representative for the National Family Caregivers Association's (NFCA) Caregiver Community Action Network, or CCAN.

There are over 25 million family caregivers in America caring for loved ones with a chronic illness or disability. Over 830,000 caregivers live in New Jersey alone. CCAN is a grassroots outreach effort of

NFCA, the nation's only organization striving to help all of our nation's family caregivers. The purpose of CCAN is to expand awareness of caregiver issues and concerns among providers and policy makers and to lessen the isolation of family caregivers, while simultaneously expanding their ability to care for themselves and their loved ones. CCAN representatives are currently operating in twenty-five states.

de Nesnera (40) has been a family caregiver for over 10 years. She cares for her mother, Olia (88), who is paralyzed on her right side due to a stroke. Liz also cared for her father Peter, until his death from Alzheimer's disease two years ago.

As a leader of NFCA's Caregiver Community Action Network, Liz de Nesnera will represent NFCA at local forums and will work with others in the state to reach out to caregivers and promote the need for more support for family caregivers.

"I'm thrilled to be able to take on the role of Northern New Jersey

state representative for NFCA," says Liz. "It gives me the opportunity to raise awareness and generate interest and action in a cause I believe in so strongly. Caregivers provide services valued at approximately \$257 billion a year and it's time society, and other caregivers, recognized what an extraordinary resource we are."

For more information on NFCA, check out its website at: [thefamilycaregiver.org](http://thefamilycaregiver.org)